COVID-19 RETURN TO WORK SELF-ASSESSMENT

The health and safety of our team members, their families, and our community is very important.
You will not be disciplined for missing work due to COVID-19 illness.

COVID-19 Symptoms

Fever / Cough / Shortness of breath or difficulty breathing

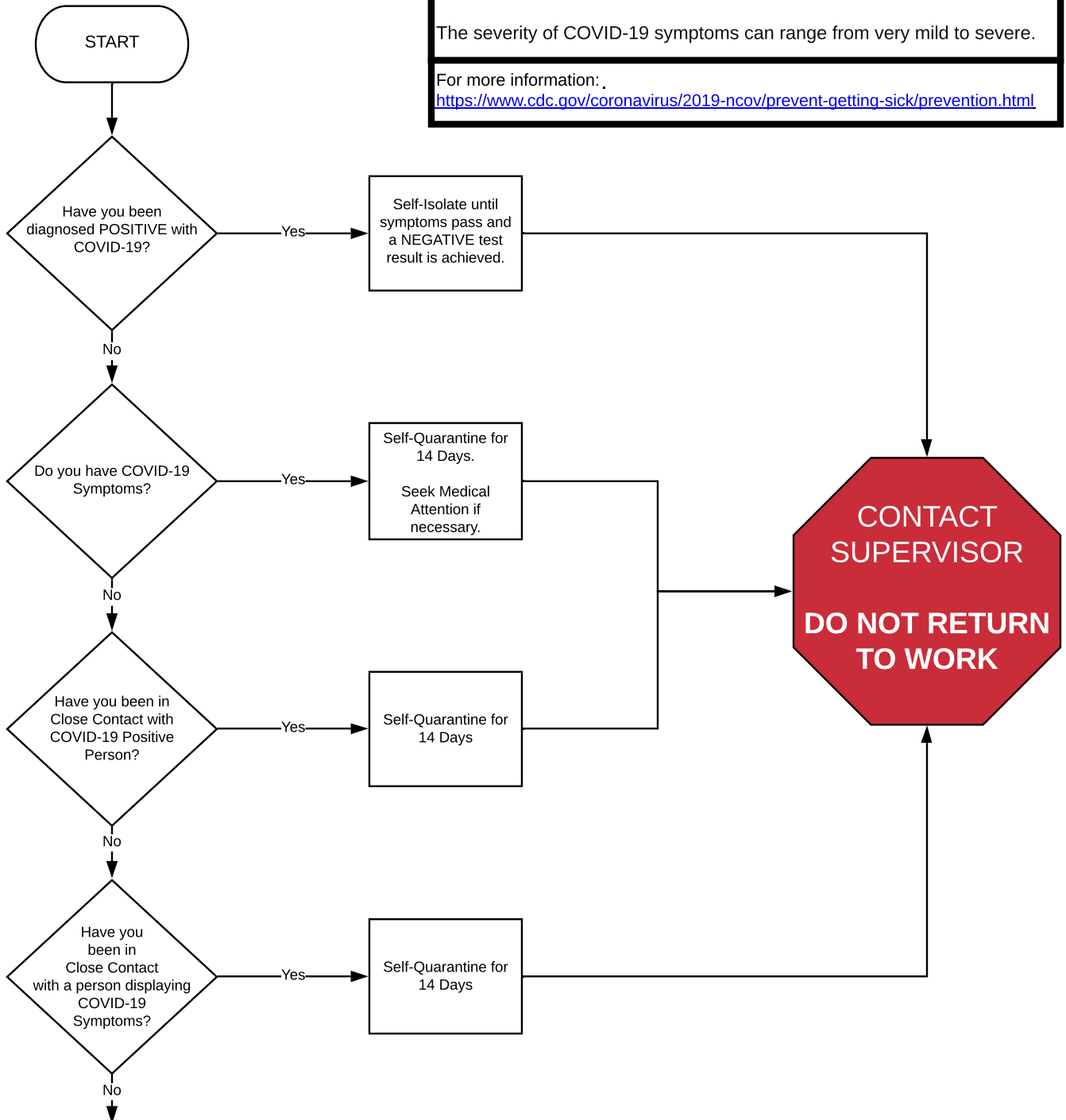Other symptoms can include:

Tiredness / Aches / Runny nose / Sore throat

Some people have experienced the loss of smell or taste.

The severity of COVID-19 symptoms can range from very mild to severe.

For more information:
https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

START

Have you been diagnosed POSITIVE with COVID-19? — Yes → Self-Isolate until symptoms pass and a NEGATIVE test result is achieved. → CONTACT SUPERVISOR / DO NOT RETURN TO WORK

No ↓

Do you have COVID-19 Symptoms? — Yes → Self-Quarantine for 14 Days. Seek Medical Attention if necessary. → CONTACT SUPERVISOR / DO NOT RETURN TO WORK

No ↓

Have you been in Close Contact with COVID-19 Positive Person? — Yes → Self-Quarantine for 14 Days → CONTACT SUPERVISOR / DO NOT RETURN TO WORK

No ↓

Have you been in Close Contact with a person displaying COVID-19 Symptoms? — Yes → Self-Quarantine for 14 Days → CONTACT SUPERVISOR / DO NOT RETURN TO WORK

No ↓

RETURN TO WORK

WHEN AT WORK:

- **Wash hands frequently. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.**
- **Do not touch your face.**
- **Put distance between yourself and other people. (Recommendation is at least 6 feet).**
- **Clean / Sanitize hard surfaces in your work area.**
- **Cover coughs and sneezes with a tissue. Do not use your hand.**
- **If you feel ill and/or have a temperature - Stay home.**
- **Follow guidelines - Assume you and everyone around you is infected. Err on the side of caution.**